

2015 Atlantic Sailing Conference Schedule as of October 7, 2015

8:30 - 9am **Registration**

9 - 9:30am **Opening Remarks - State of Sailing in Canada, Paddy Boyd, ED Sail Canada**

9:30 - 10:30 am **Session 1**

Rec

Anchoring 101

Best Practices

Sailing Programs Around the World

Training

Physiology for Sailors

10:30 - 10:45 **Break**

10:45 - 12 noon **Session #2**

Rec

Importance of Junior Sailing with Dawn Riley

Best Practices

Getting More Women Sailing

Training

Racing Rules for the Club Racer

12 noon - 12:45pm **Lunch**

1pm - 2pm **Keynote - Dawn Riley**

2 pm - 3 pm **Session # 3**

Rec

Best Sailing Apps

Best Practices

Engaging your Community to Go Sailing

Training

Race Management errors & New Technology for Race Officers

3 - 4:00pm **Social**

4 - 5pm **Annual Awards**